

APRIL 2024

ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Pulled Pork on a Bun Chicken Tenders Whole Grain Dinner Roll Turkey & Cheese Hoagie Vegetarian Chef Salad Steamed Peas Sliced Cucumbers	2 *NEW Beef and Cheese Tater Tot Nachos Corn Dog Italian Hoagie Southwest Chicken Salad Mixed Veggies Sliced Red Peppers	3 Creamy Chicken Alfredo Chicken Patty on a Bun Buffalo Chicken Wrap Chicken Ranch Pasta Salad Italian Vegetables Fresh Broccoli	4 Loaded Baked Potato Whole Grain Dinner Roll Hamburger on a Bun Ham & Cheese Sandwich Chicken Caesar Salad Baby Carrots Baked Beans	5 Italian Dunkers BBQ Ranch Chicken Flatbread Southwest Chicken Wrap Chicken Cobb Salad Cherry Tomatoes Steamed Carrots
8 *NEW Sloppy Joe on a Bun Crispy Chicken Nuggets Whole Grain Dinner Roll Turkey & Cheese Hoagie Vegetarian Chef Salad Crispy French Fries Sliced Cucumbers	9 Beef Nachos Hotdog on a Bun Italian Hoagie Southwest Chicken Salad Refried Beans Shredded Lettuce Salsa	10 Homemade Mac & Cheese Chicken Patty on a Bun Buffalo Chicken Wrap Corn Fresh Broccoli	11 Glazed Chicken Drumstick Whole Grain Dinner Roll Cheeseburger on a Bun  Crispy Asparagus Fries	12 Cheese Flatbread Pizza Grilled Cheese Sandwich Southwest Chicken Wrap Chicken Cobb Salad Steamed Broccoli Cherry Tomatoes
15 Pancakes and Scrambled Eggs BBQ Pulled Pork on a Bun Turkey & Cheese Hoagie Vegetarian Chef Salad Potato Wedges Sliced Cucumbers	16 Teriyaki Chicken Spaghetti Noodles Corndog Italian Hoagie Southwest Chicken Salad Mixed Vegetables Red Pepper Slices	17 Spaghetti & Meat Sauce Breadstick Chicken Patty on a Bun Buffalo Chicken Wrap Steamed Peas Fresh Broccoli	18 Turkey and Gravy over Mashed Potatoes Whole Grain Dinner Roll Hamburger on a Bun Ham & Cheese Sandwich Chicken Caesar Salad Corn Baby Carrots	19 *NEW Grilled Ham and Cheese Sandwich Italian Dunkers Southwest Chicken Wrap Steamed Carrots Baked Beans Cherry Tomatoes
22 Crispy Chicken Nuggets Whole Grain Dinner Roll BBQ Chicken on a Bun Turkey & Cheese Hoagie Vegetarian Chef Salad Mashed Potatoes Sliced Cucumbers	23 Beef Walking Taco Hotdog on a Bun Italian Hoagie Southwest Chicken Salad Cilantro Lime Rice Seasoned Black Beans	24 *NEW Hot Turkey and Cheese Sandwich Chicken Patty on a Bun Buffalo Chicken Wrap Chicken Ranch Pasta Salad Steamed Peas Fresh Broccoli	25 Taco Soup with Tortilla Chips Cheeseburger on a Bun Baby Carrots Green Beans	26 No School – Teacher Work Day
29 BBQ Pulled Pork on a Bun Chicken Tenders Whole Grain Dinner Roll Turkey & Cheese Hoagie Vegetarian Chef Salad Steamed Peas Sliced Cucumbers	30 *NEW Beef and Cheese Tater Tot Nachos Corn Dog Italian Hoagie Southwest Chicken Salad Mixed Veggies Sliced Red Peppers	<u>ASPARAGUS</u> Good Source of fiber and vitamins C and K. Low in Calorie, only 27 calories per cup. Comes in a variety of colors – green, white and purple		

NUTRITION BAR

Unlimited variety of fresh fruits or vegetables available
 ½ cup fruit/veg required with your meal and offered daily.

For questions and comments, please email the Food Service Director at mdavis@medfordtigers.org

Salads served w/ whole grain dinner rolls

ELIOR NORTH AMERICA

This institution is an equal opportunity provider